

Glimmer

Glenbeigh

ACMC Healthcare System

An affiliate of



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Rock Creek, OH 44084
1-800-234-1001 / www.glenbeigh.com

A Newsletter for Glenbeigh Family and Friends

November 2019
Vol. 17 • Issue 2



Pat Weston-Hall, CEO

CEO's Corner

Dear Friends,

This coming year starts the countdown to Glenbeigh's 40th anniversary, which is officially May 2021. Along the way we will celebrate the 15th anniversary of hosting the Niles Christmas Holiday Banquet, the 35th anniversary of the Alumni Picnic at Rock Creek and many, many other milestones.

As 2019 ends, I think back to what Glenbeigh has accomplished in just the last 12 months. We welcomed the The Joint Commission and once again earned the prestigious Gold Seal of Approval. Also, we were honored to be the recipients of several generous donations, which will enhance our family program and the scholarship program.

In this edition of *Glimmer*, you will read more about these along with several upcoming initiatives. Our work is a testament to Glenbeigh's commitment to patients and the communities in which our staff live. Employees have generously contributed to improving health throughout the community by volunteering with other agencies, by educating people about addiction, treatment and recovery and by giving back to help others impacted by alcohol and drug abuse.

I'm eternally grateful for being part of this amazing team and exceptional recovery community. To all, may the Holiday Season and the New Year bring you and your loved ones peace, good health and happiness.

Happy holidays to everyone!

Pat

Pat Weston-Hall
Chief Executive Officer



Glenbeigh Awarded Accreditation from The Joint Commission

Successfully Completes Triennial Audit for Gold Standard of Care

Glenbeigh has once again earned The Joint Commission's Gold Seal of Approval[®] by demonstrating continuous compliance with performance standards. The Gold Seal is a symbol of quality that reflects a commitment to providing safe and quality patient care.

Glenbeigh underwent a rigorous, unannounced onsite review starting on Monday, October 21st. During the five-day visit, a team of reviewers evaluated compliance with standards spanning several areas including inpatient and outpatient treatment, facilities maintenance, safety, infection prevention and control, medication management, and rights and responsibilities of the individual. "The surveyors had an opportunity to visit five of Glenbeigh's ancillary centers to review outpatient operations," said Pat Weston-Hall, chief executive officer, Glenbeigh. "There they saw that our high standards for quality care carry over to all of our outpatient centers."

The Joint Commission's standards are developed in consultation with health care experts and providers, measurement experts and patients. They are informed by scientific literature and expert consensus to help health care organizations measure, assess and improve performance. The surveyors also conducted interviews and spoke with patients.

"As a private accreditor, The Joint Commission surveys health care organizations to protect the public by identifying deficiencies in care and working with those organizations to correct them as quickly and sustainably as possible," says Mark Pelletier, RN, MS, chief operating officer, Accreditation and Certification Operations, and chief nursing executive, The Joint Commission. "We commend Glenbeigh for its continuous quality improvement efforts in patient safety and quality of care."

Glenbeigh is a non-profit specialty hospital.

News from the Alumni Coordinator

By Pawley Bornstein



**Pawley Bornstein,
Glenbeigh Alumni
Coordinator**

It is great to be clean, sober and present during this time of year. As a person in recovery, I have found that some of our meaningful relationships are restored during the holidays, and with that comes good times with friends and family. The season officially started in October with Halloween. Glenbeigh hosted our 2nd Annual Pumpkin Party at Ellsworth Acres, a transitional living house and agriculture training program. What makes Ellsworth Acres special is it reconnects residents with nature and life. It offers hope and understanding. The program impacts women physically, mentally, financially, socially and spiritually.

Seeing the smile on the resident's faces was amazing. During the event I had the pleasure of seeing families reunite and just enjoy the moment. The rippling effects of recovery are many. When we share them, they multiply. What a treat.

As we move toward the end of the year, I look forward to the final Bridges to Recovery meetings in Cleveland and Pittsburgh. Also, all alumni are invited to bring family and friends to the Annual Niles Christmas Holiday Banquet on the 13th of December. Banquet tickets are available online or may be purchased at the Niles Outpatient Center. Check the Glenbeigh website at www.glenbeigh.com for details.

Alumni events are already being planned for 2020. It is shaping up to be great year. There is excitement about Glenbeigh's Alumni Anniversary Homecoming speaker meetings. At the end of each month alumni are welcomed back to Rock Creek to share in the month of their anniversary. Food, fellowship and cake are the highlights plus alumni are invited to speak to patients currently at Glenbeigh. It is a special night for everyone involved. If you'd like to be part of it, simply email me alumni.coordinator@glenbeigh.com

Wishing you a thriving recovery!



Glenbeigh provided the pumpkins to carve for Halloween. Lilly B. enjoyed the time with her family.



Friends of Glenbeigh dressed for an evening of trick or treat fun at Ellsworth Acres.

First Clam Bake Fundraiser a Success



Glenbeigh, in cooperation with the ARCHway Institute, hosted its first Clam Bake Fundraiser at the Elmwood Park Cabin, Rocky River, in early September. Over 80 guests attended and enjoyed great food catered by Martin's Deli. Over \$6,400 was raised to provide treatment scholarships and public education. We are grateful to everyone who donated and attended this great event. Pictured above are Glenbeigh staff members (left to right): Vonda Marino, Rocky River, along with Brian Eliason and Rita Dawson, Rock Creek.

Glenbeigh Leads with Community Benefit Initiatives

In the 2019 Ohio State Health Assessment it was reported that Ohio's addiction crisis has resulted in an increase in cases of hepatitis C and the number of children placed in foster care. Glenbeigh recognized these trends several years ago and initiated programs to address the needs.

Since 2013, Glenbeigh has been educating the public on the risks of contracting hepatitis C. Several articles were published cautioning those in active addiction against sharing simple items such as cotton balls or water bottles, which may be contaminated with infected blood. In order to decrease the spread of hepatitis, any patient that tests positive receives a consultation with a medical staff member and is given recommendations for follow-up treatment.

Each year, for the past several years, Ashtabula County Children's Services has been the recipient of donations from Glenbeigh and its staff members. The number of children in foster care, who have parents struggling with addiction, continued to increase even as the opioid epidemic subsided. Glenbeigh provided holiday gifts for children living in foster care during the holiday season. Because we are committed to giving back to the community, and bringing holiday magic to children away from their families, plans are already underway to adopt children and provide gifts for the 2019 holiday season.

Glenbeigh Announces Susan L. Feldman Memorial Scholarship

Fund Established to Assist Underinsured Patients

Susan Feldman was a generous individual who gave back to the community. When she passed away in June 2018, Susan's family wanted to continue her legacy by helping people struggling with alcohol and drug addiction. Her son, Scott Feldman, reached out to Glenbeigh and worked with the development department to establish a scholarship fund expressly for people with insurance limitations - help for those without the financial means to continue treatment.



Scott Feldman and Pat Weston-Hall at Glenbeigh. The Feldman family established a scholarship fund in memory of Susan Feldman, a native Pittsburgh business philanthropist.

Feldman came to Rock Creek in early November to present a check establishing the new scholarship fund in memory of his mother. "To our patients who have financial constraints, scholarships have a transformative power," said Pat Weston-Hall, chief executive officer at Glenbeigh. "We are grateful to the Feldman's for their spirit of opening the doors of opportunity to people who are struggling with the disease of addiction."

"People need to concentrate on getting better when they come for treatment," Scott Feldman said. "Through this scholarship, my mother is continuing to help, giving people a chance to be successful in their recovery." Glenbeigh is grateful to the Feldman family. Their philanthropy sets an example for giving back and helping people in need.

Through the generosity of alumni, family and friends, scholarship funding is available for patients who meet clinical and financial criteria. Scholarships lift the financial weight from patient's shoulders allowing them to focus on the treatment process and recovery. Anyone interested in helping others stay in treatment are invited to make a donation today to the Glenbeigh Scholarship Fund.

Glenbeigh Completes 2019 Community Health Needs Assessment

As part of Glenbeigh's mission to improve health throughout our service area, work began earlier this year to formulate the 2019 Community Health Needs Assessment (CHNA). Glenbeigh conducted a comprehensive study, which incorporated existing data, community surveys and focus group interviews, to learn about the health needs of a defined core service area – 10 counties in northeast Ohio and western Pennsylvania. CHNA's are designed to provide a strategic look at unmet needs and use the information to create community benefit solutions that improve the health of people living in the community.

Glenbeigh's commitment to community benefit is evident in the programs it offers not only in the defined service community, but also in communities where the need is great. Glenbeigh is a community partner working with other treatment providers, service agencies, county entities, organizations, schools and churches. The goal is to assure appropriate care for people from diverse backgrounds and all income levels as well as educate the public and build a strong workforce.

The 2019 Community Health Needs Assessment was approved by the Glenbeigh Board of Trustees in October. The development advisory board, along with Glenbeigh leadership, will begin prioritizing the top health needs and construct an implementation strategy, which will be presented to the board in early 2020. Visit www.glenbeigh.com to view the CHNA in its entirety.

7th Annual ARCHway Golf Outing

Golfers participating in the 7th Annual ARCHway Golf Outing were rewarded with sunny skies and top playing conditions.

Glenbeigh sponsored several residents from the Niles sober living community who enjoyed golfing and interacting with the recovery group from St. Louis. Gary Seech, Glenbeigh's regional director of operations, was the keynote speaker sharing his insight on how recovery communities are thriving in Ohio and Pennsylvania. The feedback from this year's event has been positive with everyone enjoying



relaxing fun. Over \$7,000 was raised and will be used for scholarships for people with financial barriers. Hemlock Springs Golf Course has been booked for September 10, 2020 for the 8th Annual charity golf event. Mark your calendars and plan to join us next year.

Alumni and Recovery Community Events

Glenbeigh promotes a dynamic recovery community, which is a reflection of our passion to help people sustain long-term recovery. By providing recovery support opportunities, such as events throughout the year, we foster fellowship and promote the recovery journey. Events are open to alumni, family, friends and anyone in the recovery community. Unless otherwise noted, events are offered at no cost as part of Glenbeigh's community benefit initiative. Strengthen your connection with recovery and cultivate friendships with other people who understand the disease of addiction. You are invited to join us at any of these upcoming events.



Bridges to Recovery Holiday Share - Cleveland

Thursday, December 5, 2019

7:00 PM

West Shore Unitarian Universalist Church
20401 Hilliard Blvd.
Rocky River, OH 44116

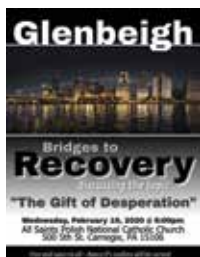


Bridges to Recovery - Cleveland Topic: New Beginnings

Thursday, February 6, 2020

7:00 PM

West Shore Unitarian Universalist Church
20401 Hilliard Blvd.
Rocky River, OH 44116



Bridges to Recovery - Pittsburgh Topic: The Gift of Desperation

Wednesday, February 19, 2020

6:00 PM

All Saints Polish National Catholic Church
500 5th Street
Carnegie, PA 15106

For more information about upcoming events, visit the Glenbeigh website at

<https://www.glenbeigh.com/events>

or call Pawley Bornstein at 800-234-1001.



Glenbeigh's 14th Annual Christmas Holiday Banquet

Friday, December 13, 2019

Buffet dinner begins at 6:00 PM

Ciminero's Banquet Centre

123 N. Main Street, Niles, OH 44446

Tickets are available for purchase through December 6th at the Glenbeigh Outpatient Center of Niles, 29 North Road, online at <https://www.glenbeigh.com/events>, or by calling 330-652-6770. Space is limited, purchase your tickets early. Cost is \$10.00 per person.



On Friday, September 13, 2019, a team of Glenbeigh nurses, along with volunteers from the Niles sober living community, participated in the "Feed the Hope" project. In a donated space, over 600 volunteers prepared, packed, and sealed meals to ship out to food pantries across Ashtabula County. Glenbeigh is proud to be part of the day long community-wide initiative which helps people in need. Glenbeigh nurses, pictured from left to right are: Shannon Pike, Tina Phelps, Stellie Spear, and in back, Becca Cleveland.



Accredited by
The Joint Commission

Mission Statement

To provide the highest quality healthcare to those in need of alcohol and drug addiction treatment and support ongoing recovery efforts.

