

# Glenbeigh Provides the Best Solutions

**ASSESSMENTS** - Addiction is a complicated, yet treatable disease. A confidential initial evaluation helps summarize a person's substance use and formulate an individualized treatment plan. We have a broad referral network, can make recommendations and facilitate admissions.

**INPATIENT TREATMENT** - Glenbeigh identifies our patient's needs and incorporates them into a personalized treatment plan designed to maintain ongoing recovery. Our holistic, 12 Step, integrated treatment programs utilize evidence-based practices to address substance use and its many complicating factors.

**INTENSIVE OUTPATIENT (IOP)** - A high level of care for clients who do not require detoxification or inpatient treatment but need substance abuse treatment. IOP sessions focus on education and healthy coping without substances.

**AFTERCARE** - Repairing the damage caused by substance use takes time. Patients who have completed treatment are at a vulnerable stage and benefit from continuing care. There they can focus on healing and recovery, relapse issues and bridging the transition to everyday life.

**FAMILY SESSIONS** - Substance use can be detrimental to the entire family. Educating family members is the the best way to achieve successful, long-term recovery. Our family sessions help loved ones understand addiction, treatment and recovery. We understand the struggle families face and offer perspective and insight.

# Accredited, Licensed, Certified

Glenbeigh specializes in alcohol and drug addiction treatment for adults and supports the best interests of our patients. We are accredited by The Joint Commission, which is a testament to Glenbeigh's commitment to providing the safest, highest quality health care. Glenbeigh is also licensed through the State of Ohio Mental Health and Addiction Services (OhioMHAS) and is a member of the National Association of Addiction Treatment Providers (NAATP).

## First Responder specialized services address:

- **Stressors of the profession**
- **Trauma through informed education and care**
- **Healthy stress management and coping skills**
- **Compassion fatigue/burnout**
- **Trigger identification for relapse prevention**
- **Family impact and relationship concerns**
- **Hypervigilance/superhero personality/escapism behaviors**
- **Dealing with societal expectations**

**Don't Wait!**  
**Call now for a free, confidential pre-screening**  
**1-800-234-1001**

**Glenbeigh**  
2863 State Route 45  
Rock Creek, Ohio 44084  
[www.glenbeigh.com](http://www.glenbeigh.com)

# Glenbeigh

## First Responder Specialized Services

**Call 800-234-1001**



**RESPONDING WITH  
CARE**

**Glenbeigh**  
ACMC Healthcare System

An affiliate of  
 **Cleveland Clinic**

# Transforming Lives

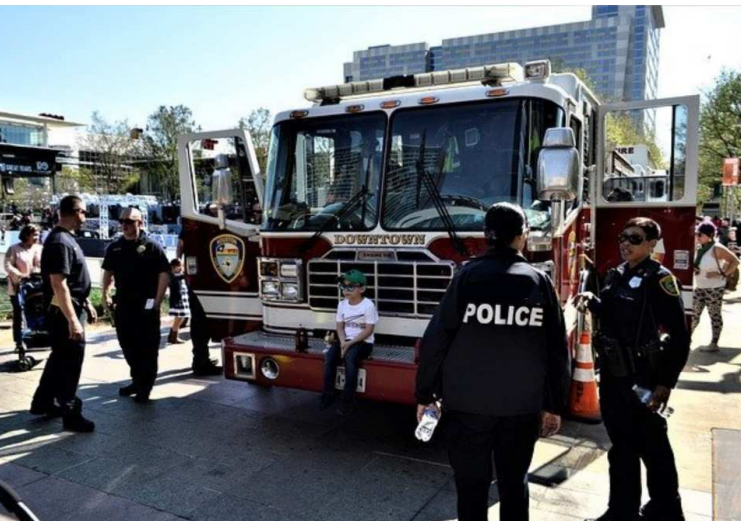
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**CHALLENGES**- People with alcohol or drug issues need help but often do not know where to turn for guidance and support. First responders have unique challenges that require specialized treatment. Glenbeigh provides safe, medically monitored treatment for all types of addictive, mood-altering substances, including alcohol and prescription medications.

**SOLUTIONS** - Glenbeigh cares. Many of our staff have personal experiences with addiction and understand the key to long-term recovery. We help first responders and military service members get clean and sober. While our core values remain abstinence-based, Glenbeigh provides education and support for people choosing medication assisted treatment (mAT).

A free, confidential pre-screening is the first step to determining the best course of action.

Helping people achieve long-term recovery since 1981



# We Can Help

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**EXPERIENCE** - Glenbeigh has an outstanding reputation for treating patients and their loved ones with dignity, respect and understanding. Glenbeigh delivers Cleveland Clinic world-class care to individuals from Ohio, Pennsylvania and from across the United States.

**COMMITMENT TO CARE** - We are committed to recovery and offer access to the best care available. Treatment is overseen by experienced Addiction Medicine physicians who work with our outstanding team of professionals. Glenbeigh has extensive experience working with EAP's and referents at the request of our clients. Our goal is to restore health and productivity while enriching lives and empowering people so they can return to work and sustain long-term recovery.

## Expertise

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The following comprehensive services are offered:

- Personalized Assessments
- Inpatient Treatment
- Specialized Groups for First Responders
- Intensive Outpatient Treatment
- Family Services and Education
- Aftercare Programs
- Relapse Prevention
- Appropriate Community Referrals
- Sober Living Opportunities

### Glenbeigh, Rock Creek, Ohio

Established in 1981, Glenbeigh offers extensive treatment options for adults with alcohol and drug issues. Glenbeigh offers inpatient treatment services that include medically monitored detoxification, individual and group counseling, partial-hospitalization, extended care, sober living, assessments, family services and referrals.

# Why Choose Glenbeigh?

- You can expect personalized, confidential, professional service. We pair first responders with Certified First Responder Counselors (CFRC) who understand the perspective and culture of response teams.
- At Glenbeigh, you are in good hands. We understand addiction, handle complicated cases and offer a full continuum of care from detox to sober living. Our first responder services promote a supportive peer environment that enhances the comradery of the brotherhood/sisterhood culture.
- We are committed to delivering updates and/or progress reports to EAP's, licensure boards, courts and others, with appropriate consent.
- Glenbeigh provides discharge services that are focused on providing a safe return to work plan in coordination with employment expectations and requirements.
- We have access to a substantial referral network for other services including sober living and recovery support.
- Glenbeigh is the number one option for people working in fields where maintenance medication is not permitted.

## Glenbeigh is here when you need us

Alumni, family members, social service agencies, healthcare providers, employee assistance professionals and business associates are Glenbeigh's top referents. Glenbeigh is committed to delivering world-class quality care.