

Glenbeigh Provides the Best Solutions

ASSESSMENTS - Addiction is a complicated, yet treatable disease. A confidential initial evaluation helps summarize a person's substance use and formulate an individualized treatment plan. We have a broad referral network, can make recommendations and facilitate admissions.

INPATIENT TREATMENT - Glenbeigh identifies our patient's needs and incorporates them into a personalized treatment plan designed to maintain ongoing recovery. Our holistic, 12 Step, integrated treatment programs utilize evidence-based practices to address substance use and its many complicating factors.

INTENSIVE OUTPATIENT (IOP) - A high level of care for clients who do not require detoxification or inpatient treatment but need substance abuse treatment. IOP sessions focus on education and healthy coping without substances.

AFTERCARE - Repairing the damage caused by substance use takes time. Patients who have completed treatment are at a vulnerable stage and benefit from continuing care. There they can focus on healing and recovery, relapse issues and bridging the transition to everyday life. Glenbeigh will monitor and report aftercare compliance as required.

FAMILY SESSIONS - Substance use can be detrimental to the entire family. Educating family members is the the best way to achieve successful, long-term recovery. Our family sessions help loved ones understand addiction, treatment and recovery. We understand the struggle families face and offer perspective and insight.

Accredited, Licensed, Certified

Glenbeigh specializes in alcohol and drug addiction treatment for adults and supports the best interests of our patients. We are accredited by The Joint Commission, which is a testament to Glenbeigh's commitment to providing the safest, highest quality health care. Glenbeigh is also licensed through the State of Ohio Mental Health and Addiction Services (OhioMHAS) and is a member of the National Association of Addiction Treatment Providers (NAATP).

Nurses specialized services include:

- **Dedicated process groups addressing the needs of nursing professionals**
- **Psychoeducational sessions teaching the processes of addiction and the components and tools of recovery**
- **Stress management, meditation and mindfulness**
- **Coping skills training using outcome-tested therapeutic modalities**
- **Psychiatric care when necessary for co-occurring disorders**
- **Trauma specific integrative therapies**
- **Defining life roles and creating effective boundaries**
- **Specialized housing with nurses and other professionals**

Don't Wait!

**Call now for a free, confidential pre-screening
1-800-234-1001**

Glenbeigh

2863 State Route 45
Rock Creek, Ohio 44084
www.glenbeigh.com

Glenbeigh

Nurses Specialized Services

Call 800-234-1001



**Caring for those who
care for others**

Glenbeigh
ACMC Healthcare System

An affiliate of
 **Cleveland Clinic**

Transforming Lives

CHALLENGES - Healthcare providers with alcohol or drug issues need help but often do not know where to turn for guidance and support. Nurses, due to high demand jobs, have unique challenges that require specialized treatment. Glenbeigh provides safe, medically monitored treatment for all types of addictive, mood-altering substances, including alcohol and prescription medications.

SOLUTIONS - Glenbeigh cares. Many of our staff have personal experiences with addiction and understand the key to long-term recovery. We help nurses get clean and sober. Glenbeigh's core values remain abstinence-based, providing a full continuum of care for frontline workers. The Nurses specialty track is especially for Registered Nurses and Licensed Practical Nurses licensed by the Ohio Board of Nursing.

A free, confidential pre-screening is the first step to determining the best course of action.

Helping people achieve long-term recovery since 1981



We Can Help

EXPERIENCE - Glenbeigh has an outstanding reputation for treating all patients and their loved ones with dignity, respect and understanding. Glenbeigh delivers Cleveland Clinic world-class care to individuals from Ohio, Pennsylvania and from across the United States.

COMMITMENT TO CARE - We are committed to recovery and offer access to the best care available. Treatment is overseen by experienced Addiction Medicine physicians who work with our outstanding team of professionals. Glenbeigh has extensive experience working with the Ohio Board of Nursing as well as hospital EAP's. We advocate for the most appropriate level of care for our patients. Our goal is to restore health and productivity while enriching lives and empowering people so they can return to work and sustain long-term recovery.

Expertise

The following comprehensive services are offered:

- Personalized Assessments
- Inpatient Treatment
- Specialized Groups for Nursing Professionals
- Intensive Outpatient Treatment
- Family Services and Education
- Aftercare Programs
- Relapse Prevention
- Appropriate Community Referrals
- Sober Living Opportunities

Glenbeigh, Rock Creek, Ohio

Established in 1981, Glenbeigh offers extensive treatment options for adults with alcohol and drug issues. Glenbeigh offers treatment services that include medically monitored detoxification, individual and group counseling, family services partial-hospitalization, extended care, sober living, intensive outpatient, assessments, and referrals.

Why Choose Glenbeigh?

- You can expect personalized, confidential, professional service. We pair nurses with other licensed healthcare professionals, offering a specialized curriculum tailored to address nurses specific needs while focusing on their unique experiences and the recovery process.
- At Glenbeigh, you are in good hands. We understand addiction, handle complicated cases and offer a full continuum of care from detox to sober living. Our nurses services offer treatment components that adhere to best-practice models.
- We are committed to delivering updates and/or progress reports to EAP's, licensure boards, courts and others, with appropriate consent.
- Glenbeigh provides comprehensive, integrated discharge planning that is focused on providing a safe return to work plan for sustained recovery. Nurses often require formalized treatment, advocacy and monitoring. Glenbeigh can work directly with the appropriate licensing boards to support and sustain the recovery process.
- We have access to a substantial referral network for other services including sober living and recovery support.
- Glenbeigh is the number one option for people working in fields where maintenance medication is not permitted. We facilitate healing and help nurses learn to minimize risks, provide effective care to others and avoid relapse.

Glenbeigh is here when you need us