

# Glenbeigh Provides the Best Solutions

**ASSESSMENTS** - Addiction is a complicated, yet treatable disease. A confidential initial evaluation helps summarize a person's substance use and to formulate a plan of action. We have a broad referral network, can make recommendations and facilitate admissions.

**INPATIENT TREATMENT** - Glenbeigh identifies our patient's needs and incorporates them into a personalized treatment plan designed to maintain ongoing recovery. Our 12 Step-based integrative treatment programs utilize evidence-based practices to address substance use and its many complicating factors.

**INTENSIVE OUTPATIENT (IOP)** - A high level of care for clients who do not require withdrawal management or inpatient treatment but need substance abuse treatment. IOP sessions focus on education and healthy coping without substances.

**AFTERCARE** - Repairing the damage caused by substance use takes time. Patients who have completed treatment are at a vulnerable stage and benefit from continuing care. There they can focus on healing and recovery, relapse issues and bridging the transition to everyday life.

**FAMILY SESSIONS** - Substance use can be detrimental to the entire family. Educating family members is the the best way to achieve successful, long-term recovery. Our family sessions help loved ones understand addiction, treatment and recovery. We understand the struggle families face and offer perspective and insight.

# Accredited, Licensed, Certified

Glenbeigh is accredited by The Joint Commission, which is a testament to our commitment to providing the safest, highest quality health care. Glenbeigh is also licensed through the State of Ohio Mental Health and Addiction Services (OhioMHAS) and is a member of the National Association of Addiction Treatment Providers (NAATP).

## Specialized Services Include:

- Dedicated process groups to address your specific needs.
- Specialized housing with other professionals.
- Psychoeducational sessions that teach the process of addiction and components of recovery.
- Stress management, meditation and mindfulness.
- Coping skills training using tested modalities.
- Education on defining life roles and creating effective boundaries at home and work.
- Specific relapse prevention plans focused on work schedules.
- Optional summer programming.
- FMLA consultation upon request.

**Don't Wait!**  
Call now for a free, confidential pre-screening

**1-800-234-1001**

**Glenbeigh**  
2863 State Route 45  
Rock Creek, Ohio 44084  
[www.glenbeigh.com](http://www.glenbeigh.com)



# Glenbeigh

**Teaching Professionals  
Specialized Services**



**Summer Programming  
Options Available**

**RESPONDING WITH  
CARE**

**Glenbeigh**  
ACMC Healthcare System

An affiliate of  
 **Cleveland Clinic**

# Transforming Lives

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**CHALLENGES**- People with alcohol or drug issues need help but often do not know where to turn for guidance and support. Educators have unique stressors and challenges that require specialized treatment. Glenbeigh provides safe, medically monitored treatment for all types of addictive, mood-altering substances, including alcohol and prescription medications.

**SOLUTIONS** - Glenbeigh cares. Many of our staff have personal experiences with addiction and understand the keys to long-term recovery. Treatment is based on tested therapeutic modalities that combine evidence-based and holistic care. Glenbeigh's core values remain abstinence-based, yet provide guidance for people interested in pharmacotherapy options.

**A free, confidential pre-screening is the first step to determining the best course of action.**

**Helping people achieve long-term recovery since 1981**



# We Can Help

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**EXPERIENCE** - Glenbeigh has an outstanding reputation for treating patients and their loved ones with dignity, respect and understanding. Glenbeigh delivers Cleveland Clinic world-class care to individuals from Ohio, Pennsylvania and from across the United States.

**COMMITMENT TO CARE** - We are committed to recovery and offer access to the best care available. Treatment is overseen by experienced physicians who work with our outstanding team of professionals. Glenbeigh has extensive experience working with EAP's and referents at the request of our clients. Our goal is to restore health and productivity while enriching lives and empowering people so they can return to work and sustain long-term recovery.

## Expertise

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The following comprehensive services are offered:

- Personalized Assessments
- Inpatient Treatment
- Specialized Groups for Professionals
- Intensive Outpatient Treatment
- Family Services and Education
- Aftercare Programs
- Relapse Prevention
- Appropriate Community Referrals
- Sober Living Opportunities

### Glenbeigh, Rock Creek, Ohio

Established in 1981, Glenbeigh offers extensive treatment options for adults with alcohol and drug issues. Glenbeigh offers inpatient treatment services that include medically monitored withdrawal management, individual and group counseling, extended care, partial-hospitalization, sober living, assessments, family services and referrals.

# Why Choose Glenbeigh?

- You can expect personalized, confidential, treatment services. When necessary, psychiatric care is available for co-occurring disorders.
- At Glenbeigh, you are in good hands. We understand addiction, handle complicated cases and offer a full continuum of care from detox to sober living. Our professional services promote a supportive peer environment with specialized housing for professionals.
- Stress management, meditation and mindfulness help patients learn to define boundaries and prevent relapse when faced with professional expectations and work schedules.
- We are committed to delivering updates and/or progress reports to EAP's, licensure boards, courts and others, with appropriate consent.
- Glenbeigh provides discharge services that are focused on providing a safe return to work plan. We have access to a substantial referral network for other services including sober living and recovery support.

**Glenbeigh is here when you need us**

Alumni, family members, social service agencies, healthcare providers, employee assistance professionals and business associates are Glenbeigh's top referents. Glenbeigh is committed to delivering world-class quality care.