



Established 1981

Glenbeigh
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Glenbeigh, a non-profit hospital dedicated to treating adults with alcohol and drug addiction, was founded 40 years ago on May 1, 1981. Here's a look at our history and what was going on in the world along the way.



1980s

- 1981** – Glenbeigh opens Rock Creek facility specializing in alcohol and drug treatment for adults age 18 and over.
- 1981** – National “Zero Tolerance” campaign results in mass incarceration of drug offenders.
- 1982** – Responsibility for treatment and prevention services transfers to states.
- 1982** – Specialty treatment programs for women are established.
- 1983** – Glenbeigh starts offering tailored approach for alcohol and drug treatment.
- 1983** – Inpatient services have a maximum capacity of 80. Outpatient services are offered in Austintown and Beachwood, Ohio as well as Pittsburgh, Pennsylvania.
- 1983** – Glenbeigh’s Sunday family program is launched.
- 1983** – Workplace drug use is recognized as an issue for businesses. Glenbeigh begins working with employers to address workplace substance use issues.
- 1983** – Kenneth McArthur is named Glenbeigh’s Executive Director.
- 1984** – The National Minimum Drinking Age Act goes into effect. The minimum drinking age is raised to 21.

- 1984** – First-time Cocaine users average 1.3 million per year.
- 1985** – Glenbeigh establishes outpatient programs to treat Mahoning Valley residents.
- 1985** – First Alumni Picnic held at Rock Creek.
- 1986** – Counselors from Panama, Malaysia and Columbia spend seven weeks observing drug counseling techniques at Glenbeigh.
- 1987** – National “War on Drugs” shifts away from treatment to increased incarceration.
- 1987** – The American Medical Association recognizes drug dependency as a treatable disease.
- 1988** – American Society of Addiction Medicine is established and joins the American Medical Association’s house of delegates.
- 1988** – Allan Drum is appointed as Glenbeigh’s Executive Director.
- 1989** – Emergence of a movement opposing 12-Step oriented addiction treatment.



1990s

- 1990** – Internet growth leads to online support and expands recovery communities across borders.
- 1991** – The American Society of Addiction Medicine releases new criteria shifting addiction treatment to a “level of care” system.
- 1992** – American youth start a decade-long trend of poly-drug experimentation.

- 1993** – Pat Weston-Hall named Glenbeigh Chief Executive Officer.
- 1995** – Rock Creek Medical Center Incorporates in Ohio. Glenbeigh is purchased by ACMC Health Sources.
- 1995** – Glenbeigh opens two three-quarter way homes located near the Rock Creek campus.
- 1995** – The FDA approves the use of Naltrexone to treat alcoholism.
- 1995** – Glenbeigh becomes a Cleveland Clinic affiliate through ACMC Healthcare System family.
- 1996** – Glenbeigh purchases Niles property, establishing area’s first sober living community.
- 1996** – Glenbeigh obtains non-profit status.
- 1997** – Glenbeigh becomes a Medicaid provider for outpatient services.
- 1999** – Glenbeigh promotes recovery by hosting picnics, retreats and other gatherings for alumni and family.



2000s

- 2002** – Glenbeigh opens Gratitude Shop offering recovery books, gifts and sundries.
- 2003** – The Wing, later known as the Gatehouse, opens at Rock Creek.
- 2003** – Glenbeigh develops a specialized pain education program.

- 2004** – Ground is broken in January on a \$1,000,000 expansion adding 16 beds, counselor offices, family room and dining hall.
- 2005** – Glenbeigh sponsors Mahoning Valley Scrappers establishing “Glenbeigh Family Section” at Eastwood Field, Niles, Ohio.
- 2006** – Glenbeigh sponsors Founder’s Day programming at Stan Hywet Hall & Gardens through 2011.
- 2007** – Philanthropists Dick and Susan Grimm donate a lead gift of \$150,000 towards Glenbeigh’s campaign to build 2 extended care residences.
- 2007** – Second major expansion to add lobby, 25 beds, kitchen and dining area, administration, fitness center, meditation room and 160-seat lecture hall at a cost of \$4.2 million opens.
- 2007** – Glenbeigh expands sober living beds in Niles, Ohio.
- 2010** – Construction of Serenity Beigh, a 16-bed extended treatment facility for women begins. Opens February 2011.
- 2010** – Glenbeigh Outpatient Center of Canton opens.



2010s

- 2011** – Glenbeigh launches “My Glenbeigh Recovery” patient portal. Offers tools to enhance success after leaving treatment.
- 2012** – Glenbeigh named by OptumHealth as a Center of Excellence Provider.

- 2012** – Construction of a 16-bed extended treatment facility that opens in November 2012.
- 2012** – Glenbeigh Niles acquires an additional sober living home adding 5 beds for men.
- 2013** – First Annual Golf Outing with The ARCHway Institute is held at Hemlock Springs Golf Course, Geneva, Ohio.
- 2014** – Ohio passes legislation allowing the distribution of Naloxone, an opioid reversal drug, as opioid overdose deaths reach epidemic proportions in Ohio.
- 2015** – Glenbeigh purchases its fourth sober living house creating a sober living community in Niles.
- 2016** – Glenbeigh Rock Creek expands by purchasing additional property for a centralized maintenance facility and to make way for future growth.
- 2017** – Glenbeigh Niles renovates home to accommodate 5 new sober living beds as part of sober living community.
- 2017** – Ribbon cutting for Hope Lodge is held adding 32 beds at the main campus. Glenbeigh invests \$3.2 million in construction project.
- 2018** – Glenbeigh hosts comedy recovery cruise onboard Goodtime III.
- 2018** – Sober living residents establish community garden to learn skills and collaborate with community.
- 2019** – Plastpro Family Education Endowment Fund is established thanks to philanthropy of business leaders Shirley and Walter Wang.
- 2019** – Susan L. Feldman Memorial Scholarship established to provide assistance to individuals whose stay is impacted by insurance limitations.



2020s

- 2020** – The Robert (Bobby) Van Der Maelen Memorial Scholarship is established to provide assistance to sober living residents.
- 2020** – Because addiction is a serious and life-threatening disease, Glenbeigh took steps to keep patients safe and ensure continued patient care as other treatment centers closed. COVID-19 protocols were put in place as Glenbeigh had access to an integrated network of expertise and resources.
- 2020** – Outpatient services transitioned to Telehealth in accordance with Ohio health orders.
- 2020** – Bridges to Recovery goes virtual.
- 2020** – Glenbeigh introduces Rapid EVAL offering consultation within 24 hours.
- 2020** – Pat Weston-Hall retires after 40 years with Glenbeigh.
- 2021** – Gary Seech named President of Glenbeigh.
- 2021** – Glenbeigh expands healthcare providers and professionals programming.
- 2021** – Glenbeigh introduces a structured First Responder program.

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Glenbeigh Announces Program for First Responders

As part of Glenbeigh's initiative to provide a full continuum of care for frontline emergency workers and safety personnel, a specialty program for first responders has been launched. Treatment for First Responders, is for firefighters, EMT/paramedics, military personnel, correction officers and law enforcement professionals who have demanding jobs that often place them in life-threatening or traumatic situations. With the compounding stress of the pandemic, along with a spike in accidental overdose deaths, professionals who help others are increasingly suffering from chronic stress, depression, grief and burnout. This heightened exposure to trauma results in more professionals attempting to cope by self-medicating with alcohol or other mood-altering drugs.

Emergency personnel by nature are concerned about the stigma of addiction and mental health treatment. Yet, they may need professional care to develop the resilience they need to improve their quality of life and resume job responsibilities. Glenbeigh's program will pair emergency service providers with Certified First Responder Counselors (CFRC). These counselors are specially trained to understand the perspective and culture of first responders, including the family structure of response teams and the impact of trauma experienced in the field.

The minimum requirements for obtaining a CFRC is holding a Master's Degree in clinical counseling and active licensure. Brian Turk, MSSA, LISW, LICDC, ISADC, CFRC, a primary counselor on the first responder treatment team, recognizes the unique issues first responders struggle with. A 19-year volunteer firefighter and EMT, Turk has seen firsthand the issues that result from trying to solve struggles 'in-house', which can promote unhealthy coping mechanisms. "A common issue that keeps many first responders from getting help is the fear of being 'labeled' or 'diagnosed' with a mental illness and having it appear on their work record," explained Turk. "Manifesting cynical attitudes and escapist behaviors can negatively impact job performance, especially in a line of work where people's lives or property are at risk."

The treatment program for first responders begins following the completion of detoxification. Participants will be paired with other emergency service providers to build comradery. They will engage in individual and group therapy, as well as psycho educational groups, to develop the tools needed to build a strong and sustainable foundation for recovery. Discharge planning will be offered and focus on continued recovery needs and a safe return to work.

Because first responders often struggle with mental health and self-care issues, Glenbeigh is offering a holistic approach to address their specific needs and help them heal. Integrative

therapies such as psychiatric care and eye movement desensitization and reprocessing (EMDR) will be offered on an as needed and limited basis to complement their individualized treatment plan. In offering a specific first responder program, Glenbeigh hopes to eliminate the negative stigma associated with addiction treatment and help essential workers accept help so they can live a fulfilling life.

Glenbeigh and Biomotivate Commence Research Study

Glenbeigh and Biomotivate, a Pittsburgh-based company affiliated with Carnegie Mellon University, the University of Pittsburgh and Duquesne University, are collaborating on a research study funded by the National Institutes of Health (NIH). The purpose of the study is to learn about the application of technology such as wrist wearables in alcohol and drug treatment programs to improve treatment retention. Upon completion, the study will advance the understanding of physiological and behavioral data from a combination of approaches to help people with substance use disorders successfully complete treatment.

The research will be used to develop a future methodology to detect early risk factors. It will alert caregivers and elicit proactive interventions to assist patients with triggering events, such as cravings or emotional stress, and encourage continued treatment until they develop a strong foundation for sustained recovery.

Glenbeigh and Biomotivate are thankful to the volunteers who enrolled and the team assisting with the study. Biomotivate is being advised by experts at University of Pittsburgh, Carnegie Mellon University and New York University. This study is the latest example of Glenbeigh's focus on driving innovation to improve the lives of individuals and families affected by the disease of addiction.

About Biomotivate

In 2020, Biomotivate was awarded a National Institute of Health (NIH)/National Institute on Drug Abuse (NIDA) Small Business Innovation Research (SBIR) grant. A portion of the proposal involves clinical data collection and analysis research that aims to contribute to the research and development of a technological aid for addiction treatment center staff and patients. Biomotivate's long-term goal is to create an enhanced predictive analytics system which treatment centers can use to detect early signs in patients who are at risk of premature treatment termination and relapse, allowing for more proactive interventions and continued patient care.



Announcing the 9th Annual Charity Golf Tournament

Registration Open Through September 1, 2021

Glenbeigh welcomes alumni, family and friends to join us, along with colleagues from the ARCHway INSTITUTE, for an afternoon of golf, food and fellowship. All proceeds from the golf outing go toward helping individuals on their recovery journey. The annual tournament has raised over \$75,000. Funds have been used to provide financial assistance to people seeking addiction treatment and to educate the public on addiction issues. This year, with your participation as a golfer, donor or sponsor, we can provide even more assistance to people in need and promote an understanding of addiction, treatment and recovery.

This year's guest speaker is Emily Jung, ARCHway CEO/COO, Peer Support Specialist and author of Igniting Hope: The Story of a Community Lighting the Way to Recovery. Jung is an advocate for people struggling with addiction as well as their caregivers. She is an experienced public speaker bringing awareness and understanding of the resources and treatment opportunities that are available. Her book takes readers on the journey of recovery. Jung has a Bachelors in English Education from Southeast Missouri State and a Masters in Curriculum and Instruction from Missouri Baptist University.

The scramble format tournament will be held on Thursday, September 9, 2021 with the shot-gun start at 12:15 PM. If pandemic restrictions remain in place, the 2021 outing will continue as a socially distanced version. Pre-registration online is required and easily reached at <https://thearchwayinstitute.org/>. For sponsor information, contact Dan Stuckey at 314-452-4982. The ARCHway Institute is a national organization based in St. Louis, Missouri. It provides education along with treatment, research and organizational assistance. Proceeds from the golf outing have made a significant impact on the lives of people touched by the disease of addiction.

Golf Scramble
Thursday, September 9, 2021
Hemlock Springs Golf Club
Check In: 11:30 AM
Shot-Gun Start: 12:15 PM
Tickets: \$100 each or \$400 for a team of four



Accredited by The Joint Commission

Mission Statement

To provide the highest quality healthcare to those in need of alcohol and drug addiction treatment and support ongoing recovery efforts.



Rock Creek Counselor Remembered and Honored

John Koza, passed away unexpectedly on Wednesday, February 3, 2021. He joined the Glenbeigh family in 2008 as a primary counselor specializing in chemical dependency and gambling addiction. John was an advocate for education. He was quick to point out the importance of being aware of new methodologies to help people with addiction. For that reason, Glenbeigh established the John Koza Professional Education Fund to honor the spirit of John's commitment to learning. This restricted fund will be used for specialized education or lectures for addiction treatment professionals. Donations may be mailed to Glenbeigh Development, P.O. Box 298, Rock Creek, Ohio 44084. Or visit www.glenbeigh.com/donate for instructions on electronic donations via credit card or PayPal. Questions? Contact Glenbeigh's Development Department at 440-710-3244.



John Koza Professional Education Fund established in honor of inspirational counselor.

Annual Alumni and Recovery Community Picnic – Cancelled

Each year, the recovery community looks forward to connecting with Glenbeigh at the July alumni picnic. Given the continued restrictions and concerns around COVID-19, we made the difficult decision to cancel the 2021 alumni picnic. We know this is disappointing, however, the health and safety of Glenbeigh's patients remains our top priority. The alumni picnic should return in July 2022 and is being planned as the culminating celebration of Glenbeigh's 40th Anniversary celebration. We look forward to seeing you there.

Glenbeigh Offers Free Virtual Recovery Support

Glenbeigh, as part of its response to the limitations placed on social interactions, continues to offer Bridges to Recovery discussions through a series of Zoom platform events. Join Glenbeigh online to discuss general topics with other people in recovery with alcohol and drug addictions. These virtual sessions are free and open to the entire recovery community. Connect by linking through www.facebook.com/glenbeighhospital or by texting the word "Glenbeigh" to 81411 to receive meeting information texts.



A Newsletter for Glenbeigh Family and Friends



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Gary Seech Named New President of Glenbeigh

Michael Habowski, President and CEO of ACMC Healthcare System, officially announced the appointment of Gary Seech as Glenbeigh's new President. His appointment concludes a national search process that began in November 2020.



Gary Seech

Gary's qualifications and expertise make him the ideal person to guide Glenbeigh through a significant period of change and grow it further as a continuously successful organization. Habowski said Seech demonstrated outstanding leadership abilities during his tenure as acting president and is an integral part of the healthcare system's leadership team. "His knowledge and leadership experience will continue to be a tremendous asset to Glenbeigh as we move confidently into the future," wrote Habowski in his announcement.

Gary's appointment is a clear reflection of Glenbeigh's forward momentum. Glenbeigh's strengths are its resiliency, its long legacy of providing the highest level of care and its continual evolution as a provider of evidence-based addiction treatment. The number one priority remains providing the best care to patients and welcoming their loved ones to be part of the recovery journey. This philosophy, along with dedication to continued sober living and recovery support services, are what makes Glenbeigh unique.

Gary has served in multiple roles within Glenbeigh in a career that spans over 20 years. He started as an administrator, responsible for daily operations, marketing, fiscal management and business development. As the Regional Director of Operations, he was responsible for oversight of multiple outpatient centers as well as business operations and facilities management. His appointment as President became effective April 14, 2021. Please join us in welcoming Gary in his new position.

Glenbeigh Commemorates 40th Anniversary in 2021

Since 1981, Glenbeigh's family of caregivers has helped build a multifaceted premier treatment center through hard work, dedication, innovation and compassion. After 40 years of treating adults with alcohol and drug addiction disorders, we continue to set the standard for patient care, recovery support and education.

What began as a small treatment center, led by a handful of visionaries who wanted to provide high quality care delivered with respect, compassion and integrity, Glenbeigh built a national reputation as a leading treatment provider.

In the early 1980's, when addiction was first recognized as a disease, Glenbeigh was among the earliest treatment centers to base programing on the premise that a single treatment plan does not work for everyone.

We introduced to Ohio the concept of tailored programming and family interaction as part of a successful treatment program. Over the years, patients from across the United States and overseas have been to Glenbeigh for inpatient treatment. As we celebrate this milestone anniversary we extend our gratitude to the thousands of individuals and families who reclaimed their lives from addiction through Glenbeigh's services.

May 1, 2021 officially marked 40 years of Glenbeigh's unique, patient-centered service. Since opening, Glenbeigh's commitment to addiction treatment and recovery support has not wavered. What we accomplished in the past, and plan to accomplish in the future, could not be achieved without our many alumni, family and friends.

While we traditionally celebrate milestones by hosting multiple regional events, this year will be scaled back due to pandemic restrictions. As a result, Glenbeigh will launch a yearlong commemoration to celebrate the past while looking toward the future. All alumni, family members, referents and friends are invited to celebrate this special anniversary with us. Watch for announcements on our website and through social media posts originating from Glenbeigh.

We hope to see you at one of our events. In the meantime, please continue to stay safe.