



Please Join the Glenbeigh Center of Beachwood for the Rise and Shine Series

“Relapse Prevention Strategies for Sustained Recovery”

Presented By:

Darian Scott, MSW, LICDC & William Hale, Ph.D., LICDC

Participants will:

- Examine the dynamics of relapse in the recovery process
- Learn how cognitive behavioral techniques and mindfulness practice can be key in preventing relapse .
- Explore strategies for increasing clients’ self-efficacy to enhance their expectations of and capacity for long-term uninterrupted sobriety

Friday, March 29, 2019

Registration and Continental Breakfast 8:30-9:00am

Presentation 9:00-11:00 am

Glenbeigh Outpatient Center of Beachwood

3789B Green Rd.

Beachwood, OH 44122

2.0 hours of Continuing Education Credit has been approved for this presentation by:

The Ohio Chemical Dependency Professionals Board

The Counselor, Social Worker & Marriage and Family Therapist Board

Ohio Board of Nursing states “Nurses may use CEUs approved by the Social Work Board”.

Glenbeigh
ACMC Healthcare System

An affiliate of
 **Cleveland Clinic**

Please RSVP by: March 27, 2019 to:

Rosie Howser at 216-464-5800 or
Rosie.howser@glenbeigh.com

Glenbeigh provides educational events at no cost as part of our Community Benefit initiative. Glenbeigh is a non-profit specialty hospital providing premier care to adults, age 18 and over, suffering from alcohol and drug addiction.